

ESOPHAGEAL MOTILITY (MANOMETRY) | PREPARATION INSTRUCTIONS

Name: «FirstName» Date: Facility: PAMC Day Surgery (212-3149)

Arrival Time:

PREP INSTRUCTIONS

To ensure a successful exam, please follow all instructions carefully. Please bring a list of all your current medications, including any over-the-counter medications with you. **If you must reschedule or cancel your appointment, please call 907-569-1333.**

TWO DAYS BEFORE PROCEDURE

- COVID Testing is required 2 days prior to your appointment. PAMC will contact to schedule.

DAY OF PROCEDURE

- No solid foods after midnight
- May have clear liquids up to two (2) hours prior to study
- You may take all of your usual morning medications with 4 oz. of water, EXCEPT the following:
 - Pain Medication
 - Pro-Motility Agents
 - Sedatives
 - Nitrates
 - Calcium Channel Blockers
- You will check in 10 minutes prior to you Appointment.